



4 steps to a retirement savings mindset.

Visualize Your Future

Picture yourself in retirement: Where do you live? Who are you with? How do you like to spend your time? Jot down your thoughts, dreams and visions of life in retirement.

Face Your Fears

Instead of keeping your retirement savings uncertainties bottled up, take this opportunity to release them. Identify the areas where you feel unsure, questions you have or worries that have held you back.

Set Your Goals

S.M.A.R.T. goals — ones that are specific, measurable, attainable, relevant and time-bound — can help you stay focused, measure your progress and boost motivation. Write down one or two concrete financial goals you're striving for.

Calculate Your Standing

How much do you have saved for retirement so far?

What is your retirement savings goal?

How many years do you have until you plan to retire?

How much do you hope to save per month?